



CM

Costambar Monthly

**July
2026
FREE**

ESTABLISHED 2002

HAPPENINGS

Los Tres Cocos in Las Rocas invites you to try something different. Call 809-993-4503 for more information. Also, check out their Facebook page. **Closed for holidays from June 10 to July 14**

Big Lee's Beach Bar on the Malecon is daily from 10am to 8pm. Plenty of time to enjoy their burgers, chicken breast strips, hot dogs and fish & chips! The only 5-star restaurant on the Malecon!

The **Seaside Cafe** on the Malecon has Good Food, Good Coffee and Good Vibes! Open Monday to Friday 7am to 3pm.

The Drunken Parrot Restaurant & Bar at Blackbeard's Resort invite you to their Sunday BBQ's from 1-3pm.

DATES TO REMEMBER

July 1 - Canada Day (Can)
July 4 - Independence Day (US)



FIND A COPY OF CM AT

COSTAMBAR

Jenny's Market

PUERTO PLATA

Big Lee's Beach Bar

Tropico Dental Clinic

LAS ROCAS

Los Tres Cocos

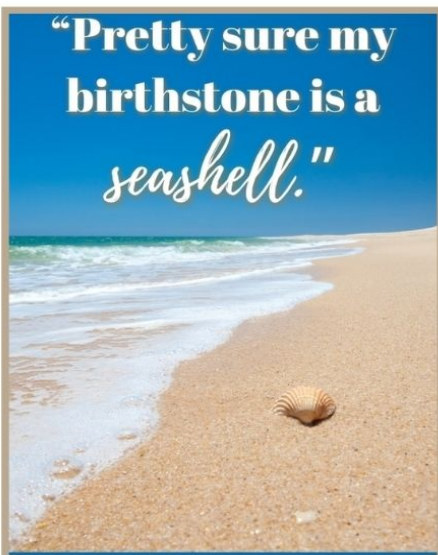
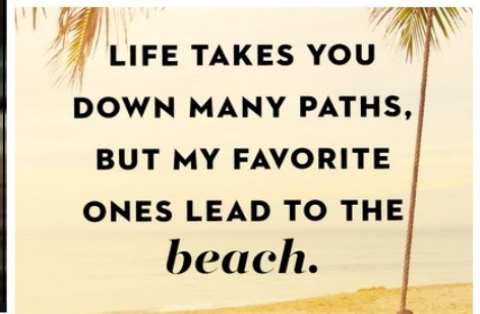
COFRESI

Ocean World Marina



CRUISE SHIP SCHEDULE

You can find the full monthly schedule for both ports at the following website:
<https://www.cruisemapper.com/ports/puerto-plata-amber-cove-port-1936?tab=schedule>





BIG LEE'S Beach Bar

Open Daily at 10am - 8pm

**OPEN 15 YEARS!!
ALWAYS RATED 5-STARS
FOR FOOD, SERVICE,
HOSPITALITY &
LOW PRICES!**

**COME ON DOWN TO THE
MALECON & ENJOY A
BEAUTIFUL AFTERNOON!**



We speak English, German and Spanish
and have our own dental laboratory.

WhatsApp and local Phone number: 809 586 9245

We are right behind the fire station on the Malecon beside the park.
Opposite to the Centro Sanitario. You can find us also on Google Maps.

Street name: Emilio Prud Homme, esq. Sanchez Puerto Plata
We cater for all your dental needs.

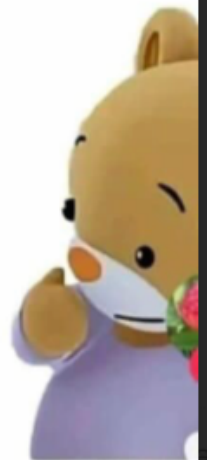


60 years ago, kids learned

- A is for APPLE
- B is for BALL
- C is for CAT
- D is for DOG

Today...

- A is for ANDROID
- B is for BLUETOOTH
- C is for CHAT
- D is for DOWNLOAD



And to Senior citizens

- A is for ARTHRITIS
- B is for BLOOD PRESSURE
- C is for CHOLESTEROL
- D is for DIABETES

**When a man says he'll do
anything for a woman,
he means fight bad guys
and kill dragons, not
vacuum or wash dishes.**

**SUPPORT OUR ADVERTISERS!
THEY MAKE
COSTAMBAR MONTHLY
POSSIBLE!**

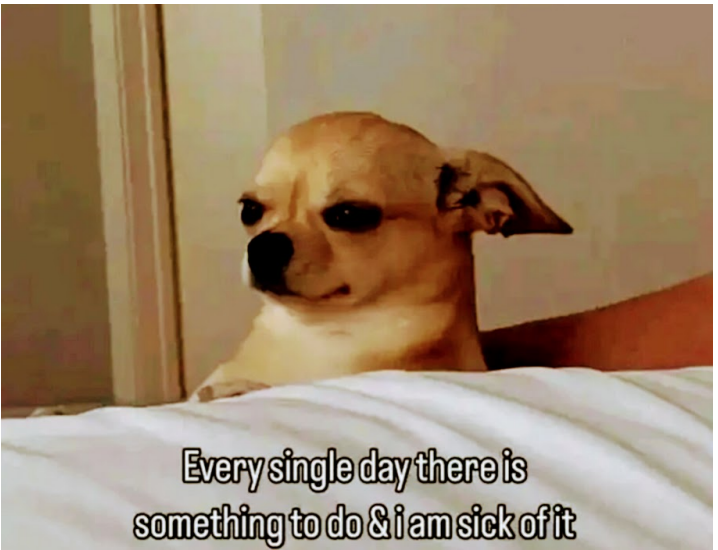
Los Tres Cocos
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&
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**Closed for holiday from
June 10 to July 14**

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Cel. (809) 993-4503
Las Rocas Cofresi,
Martes Cerrado



And I ask myself for the 12th time this week, "is this a real problem or do I just need to eat something with melted cheese?"



A TOUGH WEEK IN THE STOCK MARKET!

Helium was up, feathers were down. Paper was stationary. Fluorescent tubing was dimmed in light trading. Knives were up sharply. Pencils lost a few points. Hiking equipment was trailing. Elevators rose, while escalators continued their slow decline. Weights were up in heavy trading. Mining equipment hit rock bottom. Diapers remained unchanged. The market for raisins dried up. Balloon prices were inflated and toilet paper touched a new bottom. Egg futures were scrambled. Rubber kept bouncing back and the pavement industry got laid low.

Friend: "What's the dumbest thing you did as a kid?"
Me: Wished I were an adult.



SPONSORS WANTED

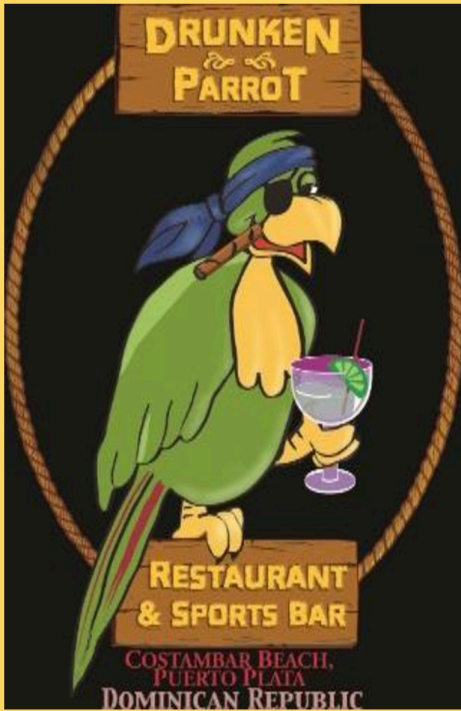
FOR OUR
2027
★ PLAY ★

*A Map,
A Compass
& No Idea*



COSTAMBAR PLAYERS

WHATSAPP 809 445 2059
EMAIL michaelkingdon9@hotmail.com



Located at Blackbeards Resort
 Costambar, Puerto Plata
 Open from 8am – 11pm

The Drunken Parrot Restaurant & Bar
 Invites You to Join Us
 Every Sunday for Our Spectacular
 All You Can Eat BBQ from 1pm till 3pm
 Ribs, Hamburgers, Wings, Macaroni and Tuna Salad,
 Corn on the Cob, Potato Wedges, Cole Slaw
 Cucumber & Tomato Salad and Flan for Dessert
 Free Drinks include Coke, Water, Rum Punch
 & Cuba Libres. Other beverages are available to buy.

\$RD1,200 Per Person

plus 18% Gov't tax and 10% service charge

to View Our Complete Menu Go to
www.blackbeardsadultresort.com

Click on Facilities and Scroll Down and Click Menus

Girls After
 Using \$37,000
 In Hair
 Products



Guys After
 Washing Their
 Hair With A
 Bar Of Soap



Seaside Cafe
 MALECON DEL SOL
 GOOD FOOD, GOOD COFFEE, GOOD VIBES
 Eva 849-865-0238 M-F 7AM-3PM
 BEACH COFFEE GOOD TIMES

OMELETTE DOP RDS390 Made with fresh eggs and your choice of ham, cheese, tomatoes, onions and peppers. Served with toast.	CUP CAKE DOP RDS150 Moist and delicious cup cake. Ask for our flavors of the day!
CROISSANT RDS165 Buttery, flaky and freshly baked. Served with butter and jam.	NATURAL JUICES RDS225 Made from fresh fruits. Ask for available flavors.
SANDWICH RDS360 Classic sandwich with your choice of chicken, tuna or ham, with fresh lettuce, tomato and mayonnaise. Served with chips.	SMOOTHIE RDS150 Refreshing and delicious smoothies. Choose your favorite flavor: • Papaya • Banana • Zapote • Strawberry
SANDWICH DE PIERNA RDS390 Traditional ham sandwich with lettuce, tomato, onion and mayo. Served with chips.	AMERICANO COFFEE RDS50 Classic coffee with hot water.
YAROA RDS450 Delicious layers of seasoned meat, fries, cheese sauce, garlic sauce and ketchup.	COFFEE WITH MILK RDS100 Smooth coffee with hot milk.
<p>AMERICANO COFFEE RDS50 Classic coffee with hot water.</p> <p>DOMINICAN COFFEE RDS50 Our traditional Dominican coffee.</p> <p>CHOCOLATE RDS50 Rich and delicious hot chocolate.</p> <p>CHOCOLATE WITH MILK RDS100 Smooth and creamy hot chocolate with milk.</p>	

= Welcome! =
 Thank you for choosing us. We appreciate your visit and hope you enjoy your time by the sea.
 Gracias por preferirnos!

A FEW THOUGHTS

I took my suit to the cleaners, who wanted to charge me \$40, so I gave it to the charity shop next door. They cleaned and pressed it and put it in the window. I bought it back for \$15.

My wife and I decided to never go to bed angry. We've been awake since Tuesday.

Someone just gave me half a peace sign. Weird.

Growing up, we knew Dad had had enough when we heard the recliner slam down. Kids these days will never know that fear.

My wife said: "That's the 4th time you've gone back for dessert!"

Doesn't it embarrass you?" I said: "No, I keep telling them it's for you."

When I was in elementary school we learned about a shape called a rhombus and that was the last time I ever heard about that shape.

My wife and I started role-playing in the bedroom. Her favorite is *The Sexy Librarian* where I have to sit quietly while she reads a book.

Being old is when you don't care where your spouse goes, just as long as you don't have to go too.

I now know how it will all end for me, one of my kids will unplug my life support to charge their phone.

At a wedding reception, someone yelled: "All married people please stand next to the one person that has made your life worth living." The bartender was almost crushed to death.

I met my wife at a singles night. I was surprised because I thought she was home with the kids.

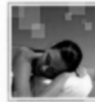
I want someone I can share my entire life with who will leave me alone most of the time.

Yesterday I bought a world map, gave my wife a dart, and said, "Throw this and wherever it lands, I will take you on vacation." We're spending 3 weeks behind the fridge.

As I walk through the valley of the Shadow of Death, I remind myself that you can't always trust Google Maps.

www.costambarmonthly.com

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Ton Plokkhaar

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- Point Massage Lymph
- Massage/Drainage
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THE RAINY DAY PAGE

SOLUTIONS ON PAGE 9

SUDOKU PUZZLES

Fill in the missing numbers so every row, column and quadrant contains the number 1 through 9.

EASY

		3						6
6				8				3
					7			1
		4	6		2			7
						1	5	
		2	5			4		
3				9				
	2					3		
	9	6	8	4				

MEDIUM

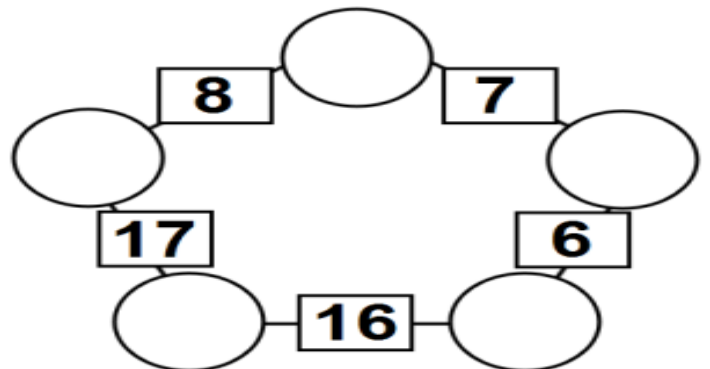
7	1					5		
9			1		7			8
					2			
		5					6	1
		4	8			7		
	7			4		8		
		3	7		1			4
	5			9				3
					6			

SOCCER/FOOTBALL

Find and circle all of the words that are hidden in the grid. The remaining letters spell a hidden message

I N R S O C K S M T U O T O O H S E A
 R E P E E W S C T Y W S E E T B C N F
 W A L L D L Y H I O E T R R I I A O B
 F C C K U C R O R K U L O E T L R L U
 I E H O C O A L U T Y P L C K M A F L
 F S F E W I D R I E S T A O A I F O C
 A N H I E C R T D L R R L T W O R L G
 S E N O U R S T G K P O I A K C E T N
 S F T P R B I A T C R O C C N A A I S
 I F E S U T M N F A N S I S T E S R O
 S O S S C E S C G T H K E S C C P R D
 T O H S N E M I T E G A P P O T S I S
 Y C I F O R W A R D G C A A I L G R E
 E A N F I E L D L I E R C D N S N E S
 S P G M T F S E V L A H A O T L I F N
 R T U A I O O F F S I D E S O A D E E
 E A A T S J U G G L I N G T S O A R F
 J I R C O R N E R K I C K B S G E E E
 A N D H P L L E N I L H C U O T H E D

- | | | | |
|-------------|-----------|--------------|--------------|
| ASSIST | FORMATION | MATCH | SLIDE TACKLE |
| BALL | FORWARD | OFFENSE | SOCKS |
| CAPTAIN | FOUL | OFFSIDE | SPORT |
| CHEERING | GAME | PENALTY KICK | STOPPAGE |
| CLEATS | GOALIE | POSITION | TIME |
| CLUB | GOALS | PRACTICE | STRIKERS |
| COACH | GRASS | RED CARD | SUBSTITUTE |
| COIN TOSS | HALVES | REFEREE | SWEEPER |
| CORNER KICK | HAT TRICK | SCORE | THROW-IN |
| DEFENSE | HEADING | SHIN GUARD | TOUCHLINE |
| FANS | JERSEY | SHOOT-OUT | WALL |
| FIELD | JUGGLING | SHORTS | WORLD CUP |
| FIFA | KICK-OFF | SHOT | YELLOW CARD |

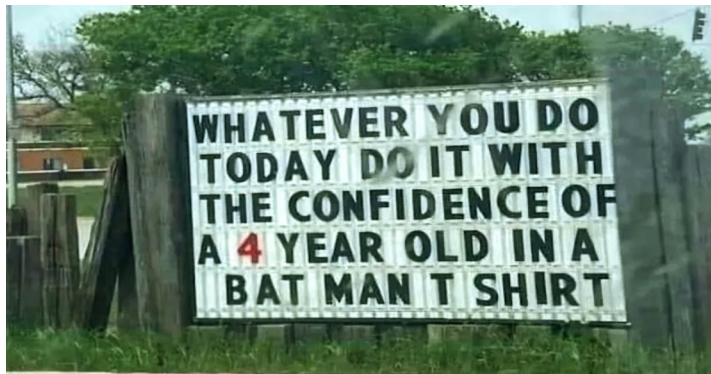


The aim of an arithmagon is to work out which numbers go in the empty circles. The numbers in the square boxes are made by adding together the numbers in the circles either side. For example, if the number in the square box was 10 you could try 6 and 4, but the numbers must also add up on the other edges, making this more difficult than it first appears.

USEFUL NUMBERS	
Police Office	809-320-8510
Police Car	809-320-8840
APC Office	809-970-7877
APC Gate Security	809-970-7015
Codetel	809-220-1111
Edenorte - emergency	809-261-1844
Edenorte - office	809-586-9823
Costambar Taxi Stand	809-970-7318
CONSULATES	
Canada	809-586-5761
Britain	809-586-4244
U.S.A.	809-586-4204
German	809-542-8949
Italian	809-320-7601
HOSPITALS/CLINICS	
Clinica Bournigal	809-586-2342
Clinica Brugal	809-586-2519
Los Tropicos Pharmacy	809-970-7607

TRAVEL INFO	
OVERSTAY FEES	
Calculation for Stay Payment	
Duration of stay	Current rate
30 días a 90 días	RD\$ 3,500.00
3 a 9 meses	RD\$ 5,600.00
9 a 12 meses	RD\$ 7,000.00
12 a 18 meses	RD\$9,100.00
18 a 24 meses	RD\$ 11,200.00
24 a 30 meses	RD\$ 13,300.00
30 a 36 meses	RD\$ 15,400.00
36 a 48 meses	RD\$ 22,400.00
48 a 60 meses	RD\$ 28,000.00
6 años	RD\$ 42,000.00
7 años	RD\$ 56,000.00
8 años	RD\$ 70,000.00
9 años	RD\$ 84,000.00
10 años	RD\$ 98,000.00
Note: From ten (10) years, each year or fraction, will increase RD \$ 7,000.00. This payment is not an extension that authorizes the foreigner to remain in the country	

Digital Entry & Departure Forms
<https://eticket.migracion.gob.do/>



COSTAMBAR MONTHLY		
RATE CARD		
NOVEMBER 2015		
SIZE	APPROX. SIZE	PRICE/MONTH
FULL PAGE – BACK	8"X10"	RD\$4200
FULL PAGE – INTERIOR	8"X10"	RD\$3700
1/2 PAGE	8"X5" OR 4"X10"	RD\$2100
1/4 PAGE	4"X5"	RD\$1150
1/8 PAGE	4"X2.5"	RD\$650
BUSINESS CARD AD	4"X2"	RD\$520
CUSTOM SIZE/SHAPE ADS		Contact Us for a Quote

CONTACT US AT:
 WEBSITE www.costambarmonthly.com
 EMAIL costambarmonthly@gmail.com
 PHONE 809-970-7507

Jenny's Supermarket

OPEN DAILY (INCLUDING HOLIDAYS)

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Everything you need from snacks to supper!

Delivery Service Available!

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TOM CIGARS

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16 de agosto, esq. 12 de Julio, Puerto Plata

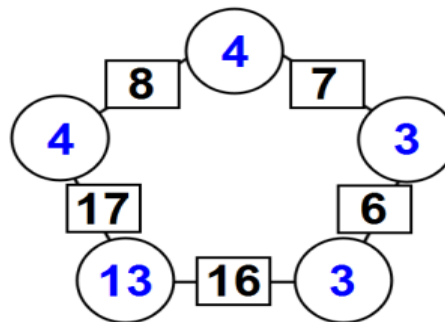
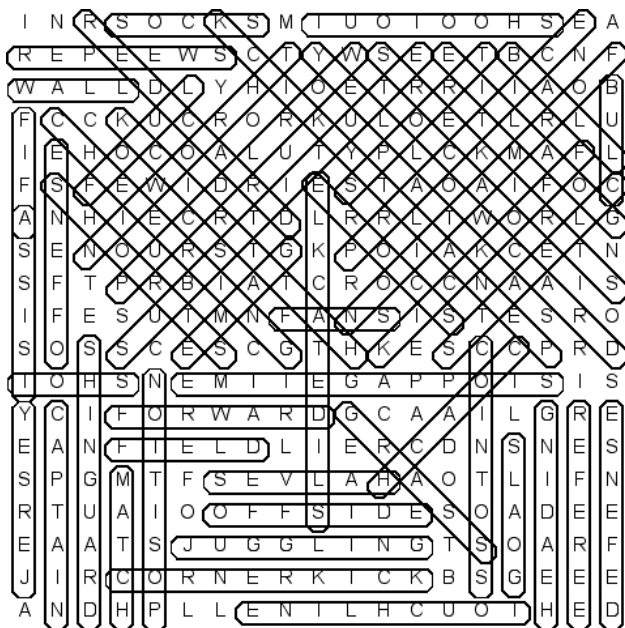
Them: "Listen to your body."

My Body: *get a cinnamon roll the size of a truck tire.*



my roommate is 2 days younger than me so i've gotten into the habit of saying 'when i was your age..' and then describing what i did 2 days ago

SOLUTIONS TO PUZZLES ON PAGE 7



EASY

8	1	3	9	2	5	7	4	6
6	7	9	1	8	4	5	2	3
2	4	5	3	6	7	8	9	1
5	8	4	6	1	2	9	3	7
9	6	7	4	3	8	1	5	2
1	3	2	5	7	9	4	6	8
3	5	8	2	9	1	6	7	4
4	2	1	7	5	6	3	8	9
7	9	6	8	4	3	2	1	5

MEDIUM

7	1	2	3	8	4	5	9	6
9	3	6	1	5	7	2	4	8
5	4	8	9	6	2	3	1	7
3	8	5	2	7	9	4	6	1
6	2	4	8	1	5	7	3	9
1	7	9	6	4	3	8	2	5
8	6	3	7	2	1	9	5	4
2	5	1	4	9	8	6	7	3
4	9	7	5	3	6	1	8	2

**HIDDEN MESSAGE
IN MANY COUNTRIES SOCCER
IS CALLED FOOTBALL**



FOR RENT

STUDIO APT

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3RD FLOOR, CATHEDRAL CEILINGS, FURNISHED
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Owner-operators, hospitality groups, religious & nonprofit groups, medical teams like Doctors Without Borders running retreats or volunteer bases.

CONTACT:

Joseph Kruchten
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Email: loaseretreat4@gmail.com
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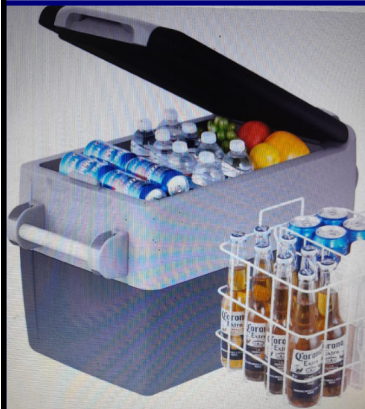
SOLAR PANELS FOR YOUR HOME

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550 watt panels
Now available in Costambar

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6v 210ah AGM

RD\$11,750

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\$500-\$1000 Studio to 3 bedroom**

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