



Costambar Monthly

**January
2023
FREE**

**WISHING YOU A
HAPPY NEW YEAR!**

**MAY IT BE FILLED WITH NEW
ADVENTURES AND GOOD
FORTUNES.**

ESTABLISHED 2002

HAPPENINGS

Los Tres Cocos in Las Rocas invites you to try something different. Call 809-993-4503 for more information. Also, check out their Facebook page.

Big Lee's Beach Bar on the Malecon is open 8 hours every day from 11am to 7pm. Plenty of time to enjoy their burgers, hot dogs and fish & chips! The only 5 star restaurant on the Malecon!

Sam's at Loase has movie nights starting Jan 14. RD\$250 cover charge. Daily food specials and happy hour 3pm to 6pm.

DATES TO REMEMBER

January 1 - New Years Day!

January 6 - Epiphany

January 21 - Altagracia Day

January 26 - Duarte Day



FIND A COPY OF CM AT...

COSTAMBAR

Jenny's Market

PUERTO PLATA

Big Lee's Beach Bar

LAS ROCAS

Los Tres Cocos

COFRESI

Ocean World Marina

**JAN
6**



Known as the Wolf Moon because wolves were more likely to be heard howling at this time. January's full Moon is a "Micromoon" this year.

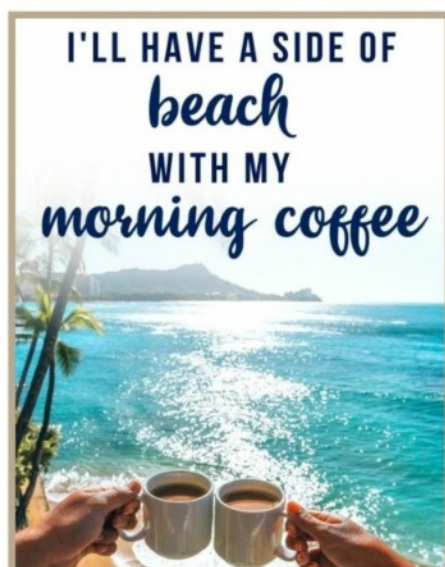


CRUISE SHIP SCHEDULE

You can find the full monthly schedule for both ports at the following website:

<https://www.cruisemapper.com/ports/puerto-plata-amber-cove-ports/1936?tab=schedule>

beachitude..
(n.) when you start to feel grumpy and snarky because you miss the beach..



**SUPPORT OUR ADVERTISERS!
THEY MAKE
COSTAMBAR MONTHLY
POSSIBLE!**

Los Tres Cocos
RESTAURANT
INTERNATIONAL GOURMET
CUISINE
&
AUSTRIAN SPECIALTIES

Tel. (809) 970-7627
Cel. (809) 993-4503
Las Rocas Cofresi,
Martes Cerrado



BIG LEE'S Beach Bar

Open Every Day at 9am - 3rd caseta from La Sirena



**Winner of Traveler's Choice
Top 10% "Around the Globe"**

Open 11 am-7 pm

Serving delicious

- Fish & Chips
 - Burgers & Fries
 - Onion Rings
 - BBQ Chicken Wings
 - BBQ Chicken Breast Sandwich
- ...and more!**



SO GLAD I GREW UP



DOING THIS

NOT THIS

**Me: Please bring me a
screwdriver.**

**Wife: Flat head, Phillips, or
Vodka?**

**And that was when I knew
she was the one.**

Renee's Beach Cafe

Caseta #8, Malecon, Puerto Plata

**Coffee, Pastries
Breakfast Sandwiches,
& Great Conversation!**



**Open Mon to Fri 8am to 2pm
[ReneesBeachCafe.facebook.ca](https://www.facebook.com/ReneesBeachCafe)**

A human fart can be louder than a trombone.

I discovered this at my daughter's school concert.

I pretended to be asleep and then I fell asleep. Now I'm going to pretend I'm skinny.



JOURNEY
International Church
Est.2018

*Come Join the FUN!
COME as you are!*

Celebrating Our Reopening
New Building and Location

Sunday, January 8, 2023 10:00am

calle José Nuñez de Caceres #20, Cafemba

Just outside Costambar's Los Mangos Gate

Multicultural Evangelical Christian Church Offering a **Worship service in English with Spanish translation** Every Sunday

Need more info? JourneyInternationalChurch.org

Pastor Bruce 849-472-5748 or PastorBruce@journeyinternationalchurch.org

CLASSIFIED ADS

FOR SALE

Passola T-Rex year 2021 with very low mileage for sale.

155,000DOP or \$2900US

Heavy Duty grass/brush cutter for sale. Like new, really!
20,000DOP

Please call at 809-842-5082 for French or English and at 809-265-9381 for Spanish.



LEARN SPANISH THE EASY WAY...
Professional Tutor
SPANISH & ENGLISH
PRIVATE OR GROUP
*** I COME TO YOU ***
PLEASE CALL ME FOR MORE INFO...
 **809-839-9235**
Jhonattan Cruz

Jenny's Supermarket

OPEN DAILY (INCLUDING HOLIDAYS)

Mon-Sat 8am-10pm Sundays 8am-8pm

Everything you need from snacks to supper!

Delivery Service Available!

Calle Principal, Costambar (just inside the gate)

809-970-3028

INSURANCE

Health Insurance Plans

Available for terms as short as 3 months

No medical reequired

Call/WhatsApp

Colin 809-449-1819 or

Email drcigarman@yahoo.com

For more information

**If you see me talking to
myself just move along.
I'm self-employed, and
we're having a meeting.**

INTERNATIONALTV.INFO

4000+ CHANNELS

**CANADA-USA-QUEBEC-
FRANCE-ITALY**

Whatsapp 1-613-518-2956

DOG CARE

- Grooming
- Nail clipping
- Dog food and supplies



Whatsapp

1-849-243-0771

**Only in math problems can
you buy 60 cantaloupes
and no one asks what the
hell is wrong with you?**



CRUISE

- Available from January to March
 - 7 or 14 night cruises
 - From La Romana
 - Visiting 5 islands

**7 NIGHTS INCLUDING DRINKS
FOR LESS THAN
US\$600 PLUS GRATUITIES**

**Call/Whatsapp 809-449-1819
drcigarman@yahoo.com**

APC

APC initiatives currently underway:

- Give your email info to APC - apcmaintenance@yahoo.com;
- Contact APC about security cameras at your property - apcmaintenance@yahoo.com; or Nutecom, at (809) 586-6883, or by email at info@nutecom.com.do;
- New Motorbike for the Guards - contact Jack Cameron at jackflor@aol.com;
- Contribute to the new-look APC office;
- Purchase your COSTAMBAR RESIDENT car decal for 500 pesos - at the APC office. These will become very useful as access to Costambar becomes more controlled;
- Contact APC if you see or own an empty lot that needs to be cleared - 2,000 pesos each; and
- Contact APC if you see a disused pool - it will be added to the list for regular larvicide treatment.
- During the paving program, please ensure that all vehicles, trash and construction materials are kept solely within your lot boundary. If we are required to remove such materials to permit paving, we expect the lot owner to reimburse all costs incurred.
- The Government is paying to pave every street in Costambar. Costambar has to ensure that all roads are ready to be paved. The paving crew is doing a great job at laying asphalt over very bad stretches of road. However, some bits need to be cleared and graded before the pavers can do their job. If you have not done so; or if you speak to someone who has not done so - THERE IS A MORAL OBLIGATION ON ALL OWNERS IN COSTAMBAR TO CONTRIBUTE to the costs that Costambar has to pay to ensure that all streets can be paved. Most owners here pay no property taxes whatsoever - it is not acceptable to reside within a community as a freeloader.

APC Board: Jorge Fernandez, President - jorge_fernandez@yahoo.com; Jack Cameron, Vice President - jackflor@aol.com; Alan Smith, Secretary - fenalet@yahoo.ca; Fanny Mendez, Treasurer - fannymendez@hotmail.com; Sandro Falla, Vocal - sandrofalla@aol.com; Roger Santana, Vocal - rogersantana22670@gmail.com; Cari Sherman-Smith, Vocal - drmmagirl@gmail.com

FUND RAISING GOLF TOURNAMENTS

Los Mangos Golf Club will host 2 Golf Tournaments in early 2023.

The 6th. annual *Johan Memorial Golf Tournament* will be held

Saturday January 7th.2023

starting at 8:45 am SHARP.

Cost is 2000\$ if registered by Jan 4th.

(after that date will be 2500\$)

Gift for ALL golfers; contests; hot meal and golfer goodie bag.

NB: there will be 5 categories of awards: 1:Champion Division;2:Caddy Division;3 other Category A-B-C.

TOURNAMENT SPONSOR IS: Pyramid Traffic Inc. /Mike Dworzak

Proceeds from the tournament goes to the *Johan Memorial Scholarship Fund*. Which provides an opportunity to send students: Impact Languages Institute (to learn English)

The 4th. annual *Canada Golf Tournament* will be held

Saturday, February 11th.2023

starting at 8:45am SHARP.

The Tournament will have a Canada flavor -eh

Cost is 2000\$ if registered by Feb 8th.

(after that date will be 2500\$)

TOURNAMENT SPONSOR ISLIFE ONE80 (Canada)

Gift for ALL golfers; contests; hot meal; Tim Horton's coffee and a golfer goodies bag.

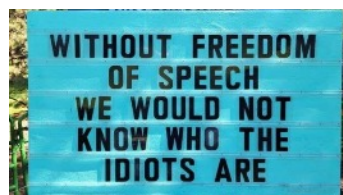
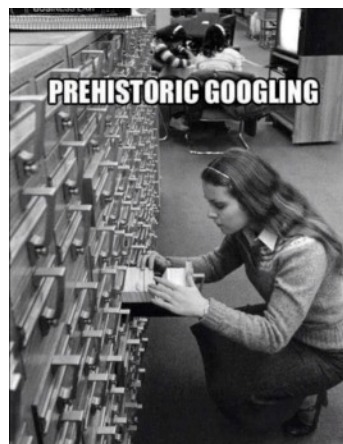
NOTE: Prize for each golfer(team).

Proceeds from the tournament goes to the *Johan Memorial Scholarship Fund*. Which provides an opportunity to send students to attend Impact Language Institute to learn English.

For further information: Please contact:

Los Mangos Pro Shop 1-809-970-3073 or

Steve Rowe at: steve25707@gmail.com



IF YOU CAN'T THINK OF A WORD, SAY "I FORGET THE ENGLISH WORD FOR IT".

THAT WAY PEOPLE WILL THINK YOU'RE BILINGUAL INSTEAD OF AN IDIOT.

May you live to be so old that your driving terrifies people.

When you forget to drink your morning coffee



www.costambarmonthly.com



Ton Plokkaar
The best massage in town!

PROFESSIONAL MASSAGE

- Therapeutic Massage
- Sport Massage
- Deep Tissue Massage
- Trigger Point Massage
- Lymph Massage/Drainage
- Relaxation Massage
- Laser Therapy
- Pain Management

Home And Hotel Visits

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Email: plokkie@hotmail.com

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No. 12721007



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Tesla Healing Technology

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Reduce Stress

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SUPER
HERO
WANTED**

Canadian nurses, PSW's, social workers or missionaries living in the DR required to provide professional head lice removal services and products to our expat families and clientele. Online training and products provided. Requires transportation, technical skills, and cell phone. \$20 to \$25CND Plus commissions and mileage. Contact Dawn@licesquad.com or WhatsApp 705-456-4440. www.licesquad.com

Buy 1 Get 1

FREE

WELLNESS THERAPY

Offer Expires January 31, 2023
ONLY 1 per Client
Code: 750123

Call to TODAY!  **809-265-4636 COSTAMBAR**

This is a reminder that not all children grow up in fortunate circumstances. The following is a true story.

"When I was a child, my father cheated and didn't love my family. Later, my parents divorced. Soon my mother died in a car accident. My brother and I could only live in my grandma's old house. Grandma's sister was an alcoholic. The whole family lived on my grandma's savings.

Grandma recently died.

My Uncle Andy is barely keeping himself out of jail from day to day.

My brother left home and won't talk to us anymore.

Dad, now 73, had to go out to work to support the family, and eventually, he is going to want me to do the same thing."

Yours sincerely

Prince William

THE RAINY DAY PAGE

SOLUTIONS ON PAGE 10

SUDOKU PUZZLES

Fill in the missing numbers so every row, column and quadrant contains the number 1 through 9.

EASY

2								
			9					8
		6			1			
			7		4			2
1		4	6			3	8	
	5		3			6		1
	7	5	4		8		1	
	6		2		7			4
					6	7	5	

MEDIUM

8		4	3					
		9		5	2			8
2	6				9	3		
			9	6				
		8						
	7	5		2		4	6	
								3
				7			2	9
						7	5	

1950s SONGS

Find and circle all of the words that are hidden in the grid.

The remaining letters spell a hidden message

R A V E O N I A R T Y R E T S Y M L I
 D Y T S I M H O N K Y T O N K L E O L
 O G N A J D A N I H C R A E S T N N E
 N V L O N E L Y T E A R D R O P S L Y
 N B E E Y R M M B T L S Q H G E H Y E
 A L T F O A O D A E M B K E J U O Y L
 S U O T I V D K N R L A M A I I U O D
 N E O N E N E Y A E E L I U T Z T U D
 O B Y I G F K Y R R S L E T R M U K I
 T E T A I T Z E B E H U U N E A A S D
 N R T V K A A T H O V R O U E N S H O
 E R E E R E R L U T F E S Y S N I O B
 E Y E C Q A T S L I K Y F A O I L U A
 T H F D E U E Y T S G C S T D S A N B
 X I H H H R I T Y G A C A I E H N D M
 I L S W O O U L E A I L O M E B O D A
 S L R C L T T P A T K D L A P O M O B
 L I K E V O L E Y B E Y B Y S Y V G A
 R I P I T U P E N I G H T T T R A I N L

BLUEBERRY HILL

BO DIDDLEY

BYE BYE LOVE

CRAZY ARMS

DJANGO

DONNA

EVERYDAY

FEVER

HEARTBREAK HOTEL

HONKY TONK

HOUND DOG

JAILHOUSE ROCK

KANSAS CITY

LA BAMBA

LONELY TEARDROPS

LONG TALL SALLY

MACK THE KNIFE

MANNISH BOY

MAYBELLENE

MISTY

MONA LISA

MOVE IT

MYSTERY TRAIN

NIGHT TRAIN

ONLY YOU

PEGGY SUE

RAVE ON

RED HOT

RIP IT UP

RUMBLE

SEARCHIN'

SHOUT

SIXTEEN TONS

SPEEDO

SUZIE Q

TAKE FIVE

TEQUILA

TUTTI FRUTTI

YAKETY YAK

YOU SEND ME

1		2		3		4
5						
6						
7						

Across

1. Move deeply
5. Upstart
6. Bombastic
7. Ring-shaped

Down

1. Course certificate
2. Cut of meat
3. Poorly balanced
4. Embarrassing mistake

LOCAL INFO



USEFUL NUMBERS

Police Office	809-320-8510
Police Car	809-320-8840
APC Office	809-970-7877
APC Gate Security	809-970-7015
Codetel	809-220-1111
Edenorte - emergency	809-261-1844
Edenorte - office	809-586-9823
Costambar Taxi Stand	809-970-7318
CONSULATES	
Canada	809-586-5761
Britain	809-586-4244
U.S.A.	809-586-4204
German	809-542-8949
Italian	809-320-7601
HOSPITALS/CLINICS	
Clinica Bournigal	809-586-2342
Clinica Brugal	809-586-2519
Los Tropicos Pharmacy	809-970-7607

COSTAMBAR MONTHLY

RATE CARD
NOVEMBER 2015

SIZE	APPROX. SIZE	PRICE/MONTH
FULL PAGE – BACK	8"X10"	RD\$4200
FULL PAGE – INTERIOR	8"X10"	RD\$3700
1/2 PAGE	8"X5" OR 4"X10"	RD\$2100
1/4 PAGE	4"X5"	RD\$1150
1/8 PAGE	4"X2.5"	RD\$650
BUSINESS CARD AD	4"X2"	RD\$520
CUSTOM SIZE/SHAPE ADS		Contact Us for a Quote

CONTACT US AT:

WEBSITE www.costambarmonthly.com

EMAIL costambarmonthly@gmail.com

PHONE 809-970-7507

www.costambarmonthly.com

costambarmonthly@gmail.com

NOISE CONTROL

There are new numbers to call if you want to make a complaint about excessive noise.

The entities and telephones to call are:

Ministry of Environment

Tel. 311

Anti-Noise Department of the National Police

Tel. 849 452-6390

National Police Central

Tel 809 682-2151

TRAVEL INFO

OVERSTAY FEES

TABLA PAGO DE ESTADÍA

TIEMPO DE ESTADÍA	TARIFA VIGENTE
30 DÍAS A 90 DÍAS	RD\$ 2,500.00
3 A 9 MESES	RD\$ 4,000.00
9 A 12 MESES	RD\$ 5,000.00
12 A 18 MESES	RD\$ 6,500.00
18 A 24 MESES	RD\$ 8,000.00
24 A 30 MESES	RD\$ 9,500.00
30 A 36 MESES	RD\$ 11,000.00
36 A 48 MESES	RD\$ 16,000.00
48 A 60 MESES	RD\$ 20,000.00
6 AÑOS	RD\$ 30,000.00
7 AÑOS	RD\$ 40,000.00
8 AÑOS	RD\$ 50,000.00
9 AÑOS	RD\$ 60,000.00
10 AÑOS	RD\$ 70,000.00

Digital Entry & Departure Forms

<https://eticket.migracion.gob.do/>

**SUPPORT OUR ADVERTISERS!
THEY MAKE
COSTAMBAR MONTHLY
POSSIBLE!**

Costambar Christian Fellowship

A place to Believe and Belong

Every Sunday 10:00 to 11:00 am

Next to tennis courts on Cristobal Colon

Coffee, tea & snack

Fellowship with other believers and worship

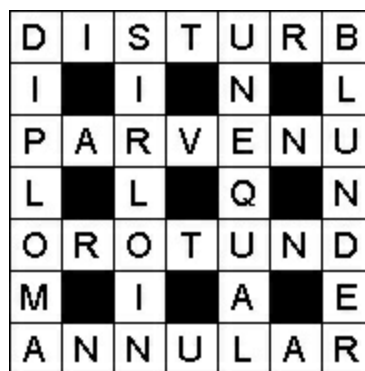
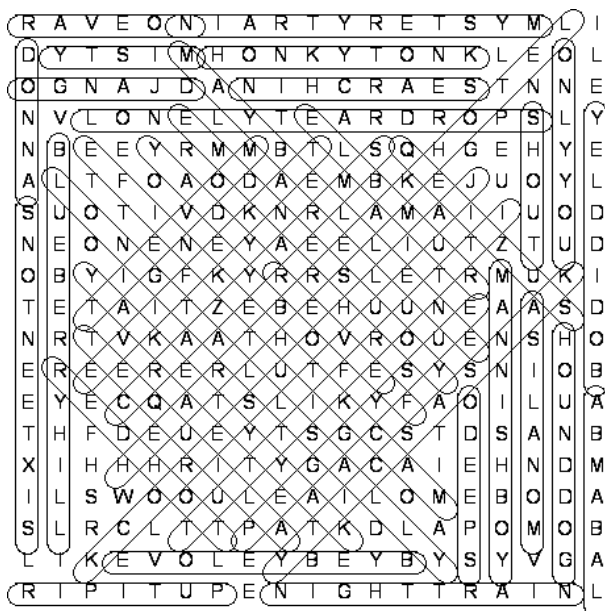
God in song and praise

All are welcome

More information contact Melinda at
melindapball@hotmail.com



SOLUTIONS TO PUZZLES ON PAGE 8



HIDDEN MESSAGE
I'LL NEVER GET OUT OF THIS
WORLD ALIVE



EASY

2	1	9	8	6	3	4	7	5
5	3	7	9	4	2	1	6	8
8	4	6	5	7	1	9	2	3
6	8	3	7	1	4	5	9	2
1	9	4	6	2	5	3	8	7
7	5	2	3	8	9	6	4	1
3	7	5	4	9	8	2	1	6
9	6	1	2	5	7	8	3	4
4	2	8	1	3	6	7	5	9

MEDIUM

8	5	4	3	1	7	2	9	6
7	3	9	6	5	2	1	4	8
2	6	1	4	8	9	3	7	5
3	4	2	9	6	1	5	8	7
6	1	8	7	4	5	9	3	2
9	7	5	8	2	3	4	6	1
4	2	7	5	9	6	8	1	3
5	8	3	1	7	4	6	2	9
1	9	6	2	3	8	7	5	4

BOATING NEEDS

ATTENTION BOATERS!

Solar Panels & Controllers
Batteries
Marine Ropes & Halyards
Anchor Line & Chain

BOATER'S SPECIAL

Health Insurance Plans
Available for terms as short as 3 months

Call/WhatsApp Alison 809-974-2903

Or Colin 809-449-1819 or
Email drcigarman@yahoo.com
For more information



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**1/2 inch double eye
RD\$900**

**3/8 inch double or
Single eye
RD\$650**



DOUBLE BRAIDED POLYESTER ROPE

- 5/16" only RD\$35 per foot
- 3/8" only RD\$45 per foot
- 1/2" only RD\$60 per foot

Call/Whatsapp

Colin 809-449-1819/Alison 809-974-2903

AVAILABLE!



5/8" 3 strand nylon rope
Only RD\$75/foot

Call/WhatsApp Alison 809-974-2903

Or Colin 809-449-1819 or

Email drcigarman@yahoo.com

For details and orders

BATTERIES

12v deep cycle AGM batteries 200ah.

Also Trojan 6v Red and Black
as well as starter batteries.



Call/Whatsapp Alison 809-974-2903



Guest House & Recreation Center
Costambar, Dominican Republic
www.loase.com jojovco@aol.com
809-970-7861 809-837-6845

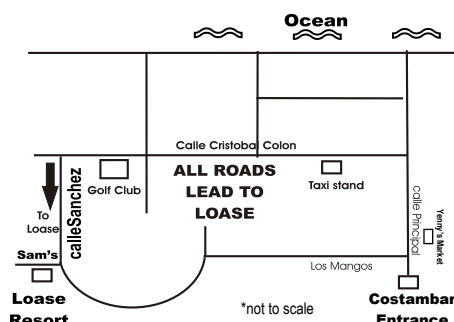
**ROOMS FOR RENT ON A
DAILY OR WEEKLY BASIS.
CALL JOSE 809-837-6845
OR LOASE 809-970-7861**

**We now have Starlink Internet
for our guests who require
high speed, reliable internet
for their work!**

LOASE HAS A RACQUETBALL COURT!!

You can also play pickleball,
handball & wallyball.
And we have ordered equipment
for paddle tennis that will be
ready by the end of January.
To find out more about paddle
tennis google it!

**Racquetball
Handball
Pickleball
Billiards
Pool
Big Screen for
Sports Events
And More**



Sam's Cafe ***At Loase***

Weds to Sat NOON-8pm
Closed Sun, Mon & Tues
www.samsbardr.com
f @SamsBarDR

HAPPENING AT SAM'S

SUPERBOWL PARTY

February 12th at 7pm
Doors open at 5pm for dinner
MARK YOU CALENDAR!

Movie Nights start January 14
At 7:30pm

RD\$250 cover charge
Come early for Fish & Chips!
Presented by the Funraisers
ALL PROCEEDS GO TO THE
BEAUTIFICATION OF COSTAMBAR

Sam's Menu Favorites
Chicken Curry, Fish & Chips, Chili,
Fajitas, Chicken Parm
Mom's Meatloaf

Happy Hour
3 to 6pm
Cuba Libre/Vodka with mix
RD\$100
Double shot of rum/vodka
RD\$150