



**December  
2022  
FREE**

**Costambar Monthly**



**merry  
CHRISTMAS**

**ESTABLISHED 2002**



## HAPPENINGS

**Los Tres Cocos** in Las Rocas invites you to try something different. Call 809-993-4503 for more information. Also, check out their Facebook page.

**Big Lee's Beach Bar** on the Malecon is open 8 hours every day from 11am to 7pm. Plenty of time to enjoy their burgers, hot dogs and fish & chips! The only 5 star restaurant on the Malecon!

**Sam's at Loase** has a jazz concert with Carlos Estrada on December 17. RD\$500 at the door. Daily food specials and happy hour 3pm to 6pm.

## DATES TO REMEMBER

### December 25 - Christmas Day!



### FIND A COPY OF CM AT...

**COSTAMBAR**

Jenny's Market

**PUERTO PLATA**

Big Lee's Beach Bar

Supermercado Jose  
Luis (27 de febrero)

**LAS ROCAS**

Los Tres Cocos

**COFRESI**

Ocean World Marina

# DEC 7



most commonly known as the Cold Moon—a Mohawk name that conveys the frigid conditions of this time of year, when cold weather truly begins to grip us.



## CRUISE SHIP SCHEDULE

You can find the full monthly schedule for both ports at the following website:

<https://www.cruisemapper.com/ports/puerto-plata-amber-cove-ports/1936?tab=schedule>



What do you call Father Christmas  
at the beach?



Sandy Claus!

LearnFunny



**SUPPORT OUR ADVERTISERS!  
THEY MAKE  
COSTAMBAR MONTHLY  
POSSIBLE!**



## ***BIG LEE'S Beach Bar***

Open Every Day at 9am - 3rd caseta from La Sirena



**Winner of Traveler's Choice  
Top 10% "Around the Globe"**

**Open 11 am-7 pm**

**Serving delicious**

- **Fish & Chips**
  - **Burgers & Fries**
  - **Onion Rings**
  - **BBQ Chicken Wings**
  - **BBQ Chicken Breast Sandwich**
- ...and more!**

What does it mean to give MORE than 100%?  
Ever wonder about those people who say they are giving more than 100%? We have all been to those meetings where someone wants you to give over 100%.

How about achieving 103%?

What makes up 100% in life?

Here's a little mathematical formula that might help you answer these questions:

If:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Is represented as:

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22  
23 24 25 26.

Then:

H-A-R-D-W-O-R-K

$8+1+18+4+23+15+18+11 = 98\%$

And

K-N-O-W-L-E-D-G-E

$11+14+15+23+12+5+4+7+5 = 96\%$

But,

A-T-T-I-T-U-D-E

$1+20+20+9+20+21+4+5 = 100\%$

And,

B-U-L-L-S-H-I-T

$2+21+12+12+19+8+9+20 = 103\%$

AND, look how far ass kissing will take you.

A-S-S-K-I-S-S-I-N-G

$1+19+19+11+9+19+19+9+14+7 = 118\%$

So, one can conclude with mathematical certainty, that while Hard work and Knowledge will get you close, and Attitudewill get you there. Its the Bullshit and Ass Kissing that will put you over the top.

Now you know why Politicians are where they are!

**5 YR OLD DAUGHTER: MOM, WHY IS SOME OF YOUR HAIR WHITE?**

**ME: 'SMILES' EVERY TIME YOU MAKE ME SAD, ANOTHER HAIR TURNS WHITE.**

**DAUGHTER: 'WIDE EYES' WOW MOM, WHAT DID YOU DO TO GRANDMA?**



The cashier told me "Strip Down Facing Me".

By the time I realized they meant the debit card, it was too late.

My emotional support dog after one day with me



My 5 yr old niece saw the blue deer on my shirt and was like "awww it's a boy deer!" I took the opportunity to be like "Or it can be a girl deer! Girls like blue too, Olivia" She stared at me and was like "I said it's a boy because it has antlers." Take my degree away now.

Baby Boomers will get this 🤔🤔  
Too Funny!!







**Guest House & Recreation Center**  
**Costambar, Dominican Republic**  
[www.loase.com](http://www.loase.com) [jojovco@aol.com](mailto:jojovco@aol.com)  
809-970-7861 809-837-6845

**ROOMS FOR RENT ON A DAILY OR WEEKLY BASIS.**  
**CALL JOSE 809-837-6845 OR LOASE 809-970-7861**

**Racquetball**  
**Handball**  
**Pickleball**  
**Billiards**  
**Pool**  
**Big Screen for Sports Events**  
**And More**



## Sam's Cafe At Loase

Weds to Sat NOON-8pm  
Closed Sun, Mon & Tues  
[www.samsbardr.com](http://www.samsbardr.com)  
f @SamsBarDR

### HAPPENING AT SAM'S

December 17  
Jazz concert with  
Carlos Estrada RD\$500 at door

Movie Nights start in January  
Daily food specials.  
Curry, fish chips, chili, meatloaf  
and more.

Happy Hour 3 to 6pm  
Double shot of rum/vodka RD\$150



**WOMAN:**  
Shampoo for  
dry and  
damaged hair.

**MAN:**  
6 in 1 shampoo  
for hair, face,  
body, carpet, car  
and dishes.



A world where a baby elephant has  
a fluffy ostrich as a pillow is my  
kinda world.



### GRAND Re-Opening January 8, 2023



**JOURNEY**  
International Church

Multicultural Evangelical Christian Church  
Offering a **Worship** service in **English** with  
Spanish translation

Currently meeting  
Every **SUNDAY 10:00 a.m.**

WHERE: **Atlantic cafe** (formally Ricks Café)

**COSTAMBAR**

**NO Meetings: Dec. 18, 25, or Jan. 1**

- Life applicable messages for today
- Come as you are, casual dress, informal outside atmosphere
- Current Worship Music
- Free coffee

Need more info?

Pastor Bruce 849-472-5748 or Bcoker3400@gmail.com

**Don't worry about  
"getting old."  
Worry about "thinking old."**

## CLASSIFIED ADS

### FOR SALE

Passola T-Rex year 2021 with very low mileage for sale.

155,000DOP or \$2900US

Heavy Duty grass/brush cutter for sale. Like new, really!

23,000DOP

Please call at 809-842-5082 for French or English and at 809-265-9381 for Spanish.

**Facial recognition software  
can pick a person out of a  
crowd, but the vending  
machine at work can't  
recognize a dollar  
with a bent corner**

**LEARN SPANISH THE EASY WAY...**

*Professional Tutor*

**SPANISH & ENGLISH**

PRIVATE OR GROUP

**\* I COME TO YOU \***

PLEASE CALL ME FOR MORE INFO...



**809-839-9235**

Jhonattan Cruz

## Jenny's Supermarket

**OPEN DAILY (INCLUDING HOLIDAYS)**

**Mon-Sat 8am-10pm Sundays 8am-8pm**

**Everything you need from snacks to supper!**

**Delivery Service Available!**

**Calle Principal, Costambar (just inside the gate)**

**809-970-3028**

## INSURANCE

**Health Insurance Plans**

**Available for terms as short as 3 months**

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**Email drcigarman@yahoo.com**

**For more information**

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FRANCE-ITALY**

**Whatsapp 1-613-518-2956**

Americans: We walked on the moon

Also Americans:



# CRUISE

- Available from January to March
- 7 or 14 night cruises
- From La Romana
- Visiting 5 islands

**7 NIGHTS INCLUDING DRINKS  
FOR LESS THAN  
US\$600 PLUS GRATUITIES**

**Call/Whatsapp 809-449-1819  
drcigarman@yahoo.com**



# APC

The Homeowners Association of Costambar (APC) has accomplished a lot this year:- many items are visible - cleaning; demolishing; blocking unauthorized access; monitoring many of our roads; and staffing 24/7 security at the main entrance; some are not - for example, paving is finally on the government's radar.

The Association can no longer operate in a financial vacuum. Less than 30% of owners pay monthly maintenance fees - yet everyone benefits from the Association's efforts. The monthly fee is absurdly low - on average, US\$25 a month! To date, we have relied on voluntary contributions. This must end; the current situation is intolerable! We are in discussions with government to make maintenance payments compulsory, to be collected from every parcel of land and every owner in Costambar.

Nowhere else on the planet can one receive community services, including gated security, for just TWENTY FIVE DOLLARS A MONTH! Let's make 2023 the year when Costambar becomes a proper, functioning community. Please stop by the APC office to join up; and to begin paying your share. Thank you.

APC Board: Jorge Fernandez, President - [jorge\\_fernandez@yahoo.com](mailto:jorge_fernandez@yahoo.com); Jack Cameron, Vice President - [jackflor@aol.com](mailto:jackflor@aol.com); Alan Smith, Secretary - [fenalet@yahoo.ca](mailto:fenalet@yahoo.ca); Fanny Mendez, Treasurer - [fannymendez@hotmail.com](mailto:fannymendez@hotmail.com); Sandro Falla, Vocal - [sandrofalla@aol.com](mailto:sandrofalla@aol.com); Roger Santana, Vocal - [rogersantana22670@gmail.com](mailto:rogersantana22670@gmail.com); Cari Sherman-Smith, Vocal - [drmmagirl@gmail.com](mailto:drmmagirl@gmail.com)

## FUND RAISING GOLF TOURNAMENTS

Los Mangos Golf Club will host 2 Golf Tournaments in early 2023.

The 6<sup>th</sup>. annual *Johan Memorial Golf Tournament* will be held

Saturday January 7<sup>th</sup>, 2023

starting at 8:45 am SHARP.

Cost is 2000\$ if registered by Jan 4<sup>th</sup>.

(after that date will be 2500\$)

Gift for ALL golfers; contests; hot meal and golfer goodie bag.

NB: there will be 5 categories of awards: 1:Champion Division; 2:Caddy Division; 3 other Category A-B-C.

**TOURNAMENT SPONSOR IS: Pyramid Traffic Inc. /Mike Dworczak**

Proceeds from the tournament goes to the *Johan Memorial Scholarship Fund*. Which provides an opportunity to send students: Impact Languages Institute (to learn English)

\*\*\*\*\*

The 4<sup>th</sup>. annual *Canada Golf Tournament* will be held

Saturday, February 11<sup>th</sup>, 2023

starting at 8:45am SHARP.

\*\*\*The Tournament will have a Canada flavor -eh\*\*\*

Cost is 2000\$ if registered by Feb 8<sup>th</sup>.

(after that date will be 2500\$)

**TOURNAMENT SPONSOR IS ....LIFE ONE80 (Canada)**

Gift for ALL golfers; contests; hot meal; Tim Horton's coffee and a golfer goodies bag.

NOTE: Prize for each golfer( team).

Proceeds from the tournament goes to the *Johan Memorial Scholarship Fund*. Which provides an opportunity to send students to attend Impact Language Institute to learn English.

For further information: Please contact:  
Los Mangos Pro Shop 1-809-970-3073 or  
Steve Rowe at: [steve25707@gmail.com](mailto:steve25707@gmail.com)

## CURES FOR EVERY SICKNESS I HAD AS A KID



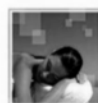
Clothes too dirty for the closet, but  
too clean for the laundry.

Welcome to: The chair

**Last year I replaced all the windows in my house with those expensive, double-pane, energy-efficient kind. Today, I got a call from Home Depot who installed them. The man complained that the work had been completed a year ago, and I still hadn't paid for them.**

**HHHelloo.....just because I'm blonde doesn't mean that I am automatically stupid. So, I told him just what his fast-talking sales guy had told me last year... that these windows would pay for themselves in a year.**

**Hellooooo, it's been a year, so they're paid for, I told him. There was only silence at the other end of the line, so I finally hung up. He never called back. I bet he felt like an idiot!!!**



**Ton Plokkaar**

The best massage in town!

## PROFESSIONAL MASSAGE

- Therapeutic Massage
- Sport Massage
- Deep Tissue Massage
- Trigger Point Massage
- Lymph Massage/Drainage
- Relaxation Massage
- Laser Therapy
- Pain Management

Home And Hotel Visits

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**Email: plokkie@hotmail.com**



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Ton Plokkaar is certified and member of VOMAS:  
No. 12721007



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Parent & Teacher trusted!

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HIRING!  
SUPER  
HERO  
WANTED**

Canadian nurses, PSW's, social workers or missionaries living in the DR required to provide professional head lice removal services and products to our expat families and clientele. Online training and products provided. Requires transportation, technical skills, and cell phone. \$20 to \$25CND Plus commissions and mileage. Contact Dawn@licesquad.com or WhatsApp 705-456-4440. [www.licesquad.com](http://www.licesquad.com)

## WELLNESS THERAPY

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Regeneration  
Facials



Bio  
Feedback

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Quantum Healing  
Technology

Sinus /  
Allergies

Aches / Pains / Injuries  
Inflammation

Relax &  
Rejuvenate

Energy Therapy



Reduce Stress

**In-Home, In-Office or Remote Sessions!**



**809-265-4636 COSTAMBAR**

# THE RAINY DAY PAGE

## SOLUTIONS ON PAGE 10

### SUDOKU PUZZLES

Fill in the missing numbers so every row, column and quadrant contains the number 1 through 9.

### EASY

	1	5			7			
			6				3	2
			5	3			8	
	4		1			2		
		8		2		3	7	5
		2		7	8			
				1				
7		4						
								4

### MEDIUM

2							9	6
	7				2			
3				7				
6			7				5	
				5		1		
	2		4					9
7				1	9			
	1		5					
9		3	2	6				5

## CHRISTMAS TREE

Find and circle all of the words that are hidden in the grid. The remaining letters spell a hidden message

T S T N E S E R P D N L L A M S G  
T O P P E R P I N E W I H R E D R  
O T E V I T S E F C O G R E R N E  
F R E S H C U T E O D H A T A A E  
D D N A T S I G T R G T T A I L N  
O S N A O F R H A A N S S W V R I  
E S N N M A G A R T I F I C I A L  
S E A O L E G N A E K C H R Y G S  
A T M S I I N O I T A R B E L E C  
H T S R E T T T R D T M A A N S S  
C I S T A L A A S R E R G A R E E  
R N E P O F D R E T L C C I H R L  
U G K I R I E E O Y R Y E C F E G  
P U I N T U L E E C D I N M S T L  
N P A I U O C T R N E A K N B A S  
E D O I T R N E A T R D I S E E G  
E N S C E N T C R B M T A R N Y R

ANGEL	GARLAND	REAL	TOPPER
ARTIFICIAL	GIFTS	SCENT	TRADITION
BRANCHES	GREEN	SETTING UP	TREE FARM
CANDY CANES	LARGE	SKIRT	TREE LOT
CELEBRATION	LIGHTS	SMALL	TRUNK
DECEMBER	NEEDLES	SPRUCE	WATER
DECORATE	ORNAMENTS	STAR	YEARLY
DECORATIONS	PINE	TAKING DOWN	
FESTIVE	PRESENTS	TINSEL	
FRESH CUT	PURCHASE		

1		2		3		4
5						
6						
7						

### Across

1. Evolve
5. Windstorm
6. One more
7. Proposition

### Down

1. Diminish
2. Wordy
3. Tanned animal skin
4. Computer instructions



# LOCAL INFO



## USEFUL NUMBERS

Police Office	809-320-8510
Police Car	809-320-8840
APC Office	809-970-7877
APC Gate Security	809-970-7015
Codetel	809-220-1111
Edenorte - emergency	809-261-1844
Edenorte - office	809-586-9823
Costambar Taxi Stand	809-970-7318
<b>CONSULATES</b>	
Canada	809-586-5761
Britain	809-586-4244
U.S.A.	809-586-4204
German	809-542-8949
Italian	809-320-7601
<b>HOSPITALS/CLINICS</b>	
Clinica Bournigal	809-586-2342
Clinica Brugal	809-586-2519
Los Tropicos Pharmacy	809-970-7607

## COSTAMBAR MONTHLY

RATE CARD  
NOVEMBER 2015

SIZE	APPROX. SIZE	PRICE/MONTH
FULL PAGE – BACK	8"X10"	RD\$4200
FULL PAGE – INTERIOR	8"X10"	RD\$3700
1/2 PAGE	8"X5" OR 4"X10"	RD\$2100
1/4 PAGE	4"X5"	RD\$1150
1/8 PAGE	4"X2.5"	RD\$650
BUSINESS CARD AD	4"X2"	RD\$520
CUSTOM SIZE/SHAPE ADS		Contact Us for a Quote

CONTACT US AT:

WEBSITE [www.costambarmonthly.com](http://www.costambarmonthly.com)

EMAIL [costambarmonthly@gmail.com](mailto:costambarmonthly@gmail.com)

PHONE 809-970-7507

[www.costambarmonthly.com](http://www.costambarmonthly.com)

[costambarmonthly@gmail.com](mailto:costambarmonthly@gmail.com)

## NOISE CONTROL

There are new numbers to call if you want to make a complaint about excessive noise.

The entities and telephones to call are:

**Ministry of Environment**

Tel. 311

**Anti-Noise Department of the National Police**

Tel. 849 452-6390

**National Police Central**

Tel 809 682-2151

## TRAVEL INFO

### OVERSTAY FEES

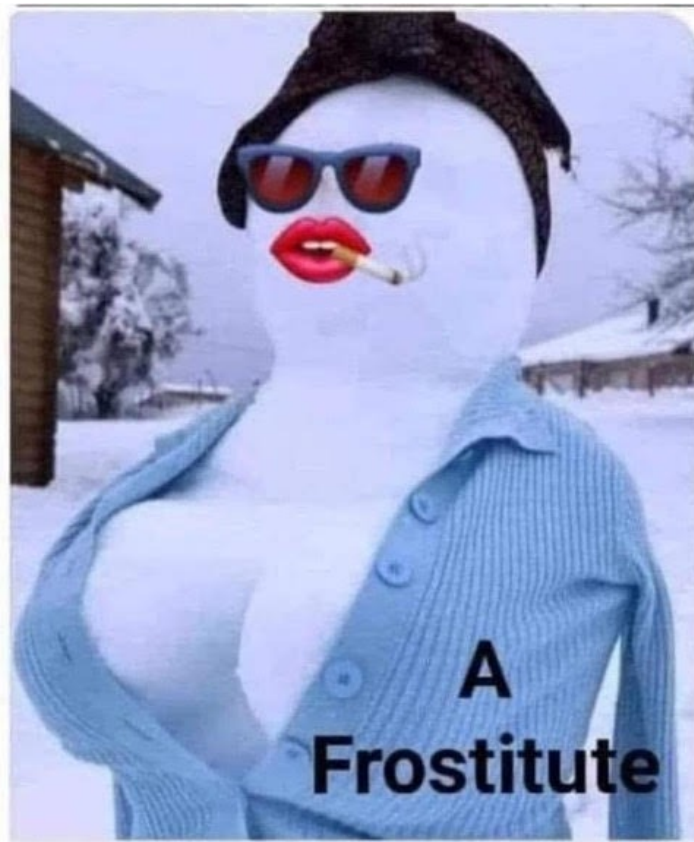
#### TABLA PAGO DE ESTADÍA

TIEMPO DE ESTADÍA	TARIFA VIGENTE
30 DÍAS A 90 DÍAS	RD\$ 2,500.00
3 A 9 MESES	RD\$ 4,000.00
9 A 12 MESES	RD\$ 5,000.00
12 A 18 MESES	RD\$ 6,500.00
18 A 24 MESES	RD\$ 8,000.00
24 A 30 MESES	RD\$ 9,500.00
30 A 36 MESES	RD\$ 11,000.00
36 A 48 MESES	RD\$ 16,000.00
48 A 60 MESES	RD\$ 20,000.00
6 AÑOS	RD\$ 30,000.00
7 AÑOS	RD\$ 40,000.00
8 AÑOS	RD\$ 50,000.00
9 AÑOS	RD\$ 60,000.00
10 AÑOS	RD\$ 70,000.00

**Digital Entry & Departure Forms**

<https://eticket.migracion.gob.do/>

**SUPPORT OUR ADVERTISERS!  
THEY MAKE  
COSTAMBAR MONTHLY  
POSSIBLE!**



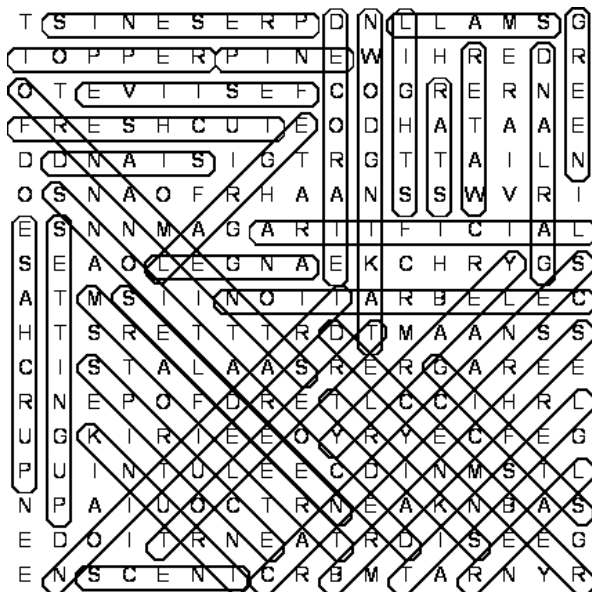
[www.costambarmonthly.com](http://www.costambarmonthly.com)

When a bridge suddenly appears unexpectedly....



People who say 'go big or go home' seriously underestimate my willingness to go home. Like, it's literally my only goal.

## SOLUTIONS TO PUZZLES ON PAGE 8



D	E	V	E	L	O	P
E		E		E		R
T	O	R	N	A	D	O
R		B		T		G
A	N	O	T	H	E	R
C		S		E		A
T	H	E	O	R	E	M



**HIDDEN MESSAGE**  
**THE TRADITION OF HAVING A**  
**CHRISTMAS TREE ORIGINATED**  
**IN GERMANY**



### EASY

3	1	5	2	8	7	9	4	6
8	7	9	6	4	1	5	3	2
4	2	6	5	3	9	1	8	7
6	4	7	1	5	3	2	9	8
1	9	8	4	2	6	3	7	5
5	3	2	9	7	8	4	6	1
2	6	3	7	1	4	8	5	9
7	5	4	8	9	2	6	1	3
9	8	1	3	6	5	7	2	4

### MEDIUM

2	8	1	3	4	5	7	9	6
5	7	4	6	9	2	3	8	1
3	6	9	1	7	8	5	4	2
6	9	8	7	2	1	4	5	3
4	3	7	9	5	6	1	2	8
1	2	5	4	8	3	6	7	9
7	5	6	8	1	9	2	3	4
8	1	2	5	3	4	9	6	7
9	4	3	2	6	7	8	1	5





# Costambar Christian Fellowship

A place to Believe and Belong

Every Sunday 10:00 to 11:00 am

English and Spanish

(Cristobal Colon-enter by tennis courts and walk to the back-look for balloons)

Coffee, tea and snack

Singing, prayer, topic for conversation over refreshments

Come as you are! All welcome!

For more information: Facebook-Costambar Christian Fellowship or email

Deybi at [moonshadowdebbie@aol.com](mailto:moonshadowdebbie@aol.com) or Melinda at [melindapball@hotmail.com](mailto:melindapball@hotmail.com)



A guy sits down at the bar and orders drink after drink.  
"Is everything okay, pal?" the bartender asks.  
"My wife and I got into a fight and she said she isn't talking to me for a month!"  
Trying to put a positive spin on things, the bartender says,  
"Well, maybe that's kind of a good thing. You know, ..a little peace and quiet?"  
"Yeah. But today is the last day."

I was wondering  
why music  
was coming  
from my printer.  
Apparently the  
paper was  
jamming.



**IT ISN'T PREMARITAL SEX  
IF YOU HAVE NO INTENTION OF  
GETTING MARRIED!**

[www.costambarmonthly.com](http://www.costambarmonthly.com)

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**Health Insurance Plans**  
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**Email [drcigarman@yahoo.com](mailto:drcigarman@yahoo.com)**  
**For more information**



### **GALVANIZED MOORING SWIVELS**

**1/2 inch double eye  
RD\$900**

**3/8 inch double or  
Single eye  
RD\$650**



### **DOUBLE BRAIDED POLYESTER ROPE**

- 5/16" only RD\$35 per foot
- 3/8" only RD\$45 per foot
- 1/2" only RD\$60 per foot

**Call/Whatsapp**

**Colin 809-449-1819/Alison 809-974-2903**

## BATTERIES

**12v deep cycle AGM batteries 200ah.**

**Also Trojan 6v Red and Black**  
**as well as starter batteries.**



**5/8" 3 strand nylon rope**  
**Only RD\$75/foot**

**Call/WhatsApp Alison 809-974-2903**

**Or Colin 809-449-1819 or**

**Email [drcigarman@yahoo.com](mailto:drcigarman@yahoo.com)**

**For details and orders**



**Call/Whatsapp Alison 809-974-2903**