

**August  
2022  
FREE**

**CM**  
**Costambar Monthly**



**ESTABLISHED 2002**

## HAPPENINGS

**Los Tres Cocos** in Las Rocas invites you to try something different. Call 809-993-4503 for more information. Also, check out their Facebook page.

**Big Lee's Beach Bar** on the Malecon is open 8 hours every day from 11am to 7pm. Plenty of time to enjoy their burgers, hot dogs and fish & chips! The only 5 star restaurant on the Malecon!

## DATES TO REMEMBER

August 16 - Restoration Day (DR)

### FIND A COPY OF CM AT...

#### COSTAMBAR

Jenny's Market

Seahorse Condos Gym

#### PUERTO PLATA

Big Lee's Beach Bar

Supermercado Jose

Luis (27 de febrero)

#### LAS ROCAS

Los Tres Cocos

#### COFRESI

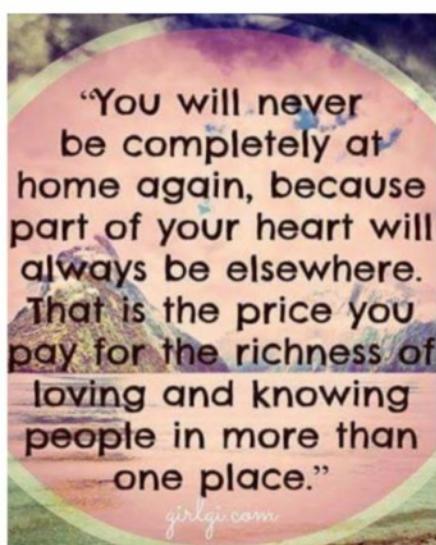
Ocean World Marina



## CRUISE SHIP SCHEDULE

You can find the full monthly schedule for both ports at the following website:

<https://www.cruisemapper.com/port/s/puerto-plata-amber-cove-port-1936?tab=schedule>



## THINGS YOU NEED TO KNOW IF YOU MOVE TO THE SOUTH

1. A possum is a flat animal that sleeps in the middle of the road.
2. There are 5,000 types of snakes and 4,998 of them live in the South.
3. There are 10,000 types of spiders. All 10,000 of them live in the South, plus a couple no one's seen before.
4. If it grows, it'll stick ya. If it crawls, it'll bite cha.
5. Onced and Twiced are words.
6. It is not a shopping cart, it is a buggy!
7. Jawl-P? means: Did you all go to the bathroom?
8. People actually grow, eat, and like okra.
9. Fixinto is one word. It means I'm going to do something.
10. There is no such thing as lunch. There is only dinner and then there's supper.
11. Iced tea is appropriate for all meals and you start drinking it when you're two. We do like a little tea with our sugar. It is referred to as the Wine of the South.
12. Backwards and forwards means I know everything about you.
13. The word jeet is actually a question meaning, 'Did you eat?'
14. You don't have to wear a watch, because it doesn't matter what time it is, you work until you're done or it's too dark to see.
15. You don't PUSH buttons, you MASH em.
16. Y'all is singular. All Y'all is plural.
17. All the festivals across the state are named after a fruit, vegetable, grain, insect, or animal.
18. You carry jumper cables in your car for your OWN car.
19. You only own five spices: salt, pepper, mustard, Tabasco, and ketchup.
20. The local papers cover national and international news on one page, but require 6 pages for local high school sports, motorsports, and gossip.
21. Everyone you meet is a Honey, Sugar, Miss (first name), or Mr (first name)
22. You think that the first day of deer season is a national holiday.
23. You know what a hissy fit is..
24. Fried catfish is the other white meat.
25. We don't need no dang Driver's Ed. If our mama says we can drive, we can drive!!!

# BIG LEE'S Beach Bar

Open Every Day at 9am - 3rd caseta from La Sirena



5-Stars on Trip Advisor  
For Over 10 Years

**Open 11 am-7 pm**

Serving delicious

- Fish & Chips
- Burgers & Fries
- Beer-Battered Onion Rings
- BBQ Chicken Wings
- ...and more!

Y'all ever try to breathe quieter while walking up a hill so bystanders don't hear you fighting for your life

**SUPPORT OUR ADVERTISERS!**

**THEY MAKE  
COSTAMBAR MONTHLY  
POSSIBLE!**

*Los Tres Cocos*  
RESTAURANT

INTERNATIONAL GOURMET  
CUISINE  
&  
AUSTRIAN SPECIALTIES



Tel.(809) 970-7627  
Cel.(809) 993-4503  
Las Rocas Cofresí,  
Martes Cerrado

A Mafia Godfather finds out that his bookkeeper, Guido, has cheated him out of \$10,000,000. His bookkeeper is deaf. That was the reason he got the job in the first place. It was assumed that Guido would hear nothing so he would never have to testify in court.

When the Godfather goes to confront Guido about his missing \$10 million, he takes along his lawyer who knows sign language.

The Godfather tells the lawyer, "Ask him where's the money?

The lawyer, using sign language, asks Guido where's the money?

Guido signs back, "I don't know what you are talking about."

The lawyer tells the Godfather, "He says he doesn't know what you're talking about."

The Godfather pulls out a pistol, puts it to Guido's temple and says, "Ask him again!"

The lawyer signs to Guido, "He'll kill you if you don't tell him.."

Guido signs back, "OK!!!! You win! The money is in a brown briefcase, buried behind the shed at my cousin Bruno's house."

The Godfather asks the lawyer, "What did he say?"

The lawyer replies, " He says you don't have the balls to pull the trigger."

Don't you just love lawyers ...

**I don't trip, I do  
random gravity checks.**



**Guest House & Recreation Center**  
Costambar, Dominican Republic  
[www.loase.com](http://www.loase.com) [jojovco@aol.com](mailto:jojovco@aol.com)  
809-970-7861 809-837-6845

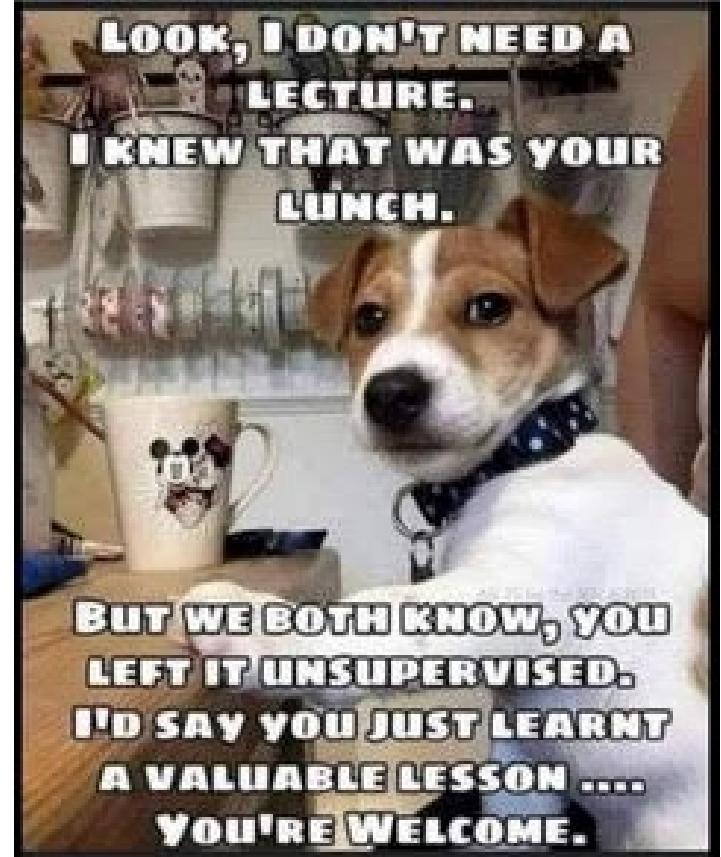
**ROOMS FOR RENT ON A  
DAILY OR WEEKLY BASIS.  
CALL JOSE 809-837-6845  
OR LOASE 809-970-7861**

Racquetball  
Handball  
Pickleball  
Billiards  
Pool  
Big Screen for  
Sports Events  
And More



**Sam's Cafe  
At Loase**

**SAM'S BAR  
IS CLOSED  
FOR THE SEASON  
BUT  
LOASE IS OPEN!  
LOOK FOR  
SPECIAL EVENTS!  
SIGN UP ON  
WHATSAPP  
809-837-6845**



Don't give up on your dreams, if cauliflower can be pizza and zucchini can be noodles then you too can be anything you want

If you think you are smarter than the previous generation...50 years ago the owners manual of a car showed you how to adjust the valves. Today it warns you not to drink the contents of the battery.

LEARN SPANISH THE EASY WAY...

*Professional Tutor*

**SPANISH & ENGLISH**

PRIVATE OR GROUP

\* I COME TO YOU \*

PLEASE CALL ME FOR MORE INFO...

 809-839-9235

Jhonattan Cruz



**It's like my mom  
always told me...**

**"You might not be the  
dumbest guy in the  
world, but you better  
hope he doesn't die."**

## **Jenny's Supermarket**

OPEN DAILY (INCLUDING HOLIDAYS)

Mon-Sat 8am-10pm Sundays 8am-8pm

Everything you need from snacks to supper!

Delivery Service Available!

Calle Principal, Costambar (just inside the gate)

809-970-3028

## **INSURANCE**

*Health Insurance Plans*

*Available for terms as short as 3 months*

*No medical required*

**Call/WhatsApp**

**Colin 809-449-1819 or**

**Email [drcigarman@yahoo.com](mailto:drcigarman@yahoo.com)**

**For more information**



How does a hippie polygamist count his wives?  
1 Mrs. Hippie, 2 Mrs. Hippie, 3 Mrs. Hippie...

**[www.costambarmonthly.com](http://www.costambarmonthly.com)**

**[costambarmonthly@gmail.com](mailto:costambarmonthly@gmail.com)**

**I feel like my greatest  
accomplishment today  
has been not saying  
what I'm thinking  
out loud.**

**MIDDLE AGE IS JUST WALKING  
AROUND ALL DAY MUTTERING  
THINGS LIKE:  
"WHAT WAS I GOING TO SAY?"  
"WHY DID I COME IN HERE?"  
"DID I ALREADY TAKE MY  
PILL?"  
"HOW DID I GET THIS BRUISE?"  
"WHY AM I SORE?"  
WHERE DID I LEAVE MY  
PHONE?"**

## APC DIRECTORS MONTHLY PROGRESS REPORT AUGUST 2022

Here are the APC initiatives continuing during the summer:

Please ensure your current email address is provided to the APC office. Please email your info to [apcmaintenance@yahoo.com](mailto:apcmaintenance@yahoo.com);

Consider installing security cameras at your property or apartment/condominium complex. To join the APC Security Monitoring system, you will need the correct DVR. Please contact the Security Committee (Jack Cameron at [jackflor@aol.com](mailto:jackflor@aol.com)); or William (Junior) Blandino, the Principal of Nutecom, at (809) 586-6883, or by email at [info@nutecom.com.do](mailto:info@nutecom.com.do);

The Security Committee is fundraising for a new motorcycle for the security guards. So far, close to 50,000 pesos have been donated and pledged. Please contact Jack Cameron at [jackflor@aol.com](mailto:jackflor@aol.com) to make a donation - as always, thank you very much for your support;

We continue to welcome contributions for upgrading the APC office. The APC office is looking great, and has become the main meeting place for all APC business. A little more furniture, and some new office equipment will add the finishing touches;

The APC is selling COSTAMBAR RESIDENT car decals for 500 pesos each. Currently, they are available only to APC members, and to new members. Drop by the office to get your sticker - Monday to Friday, 9 to 3; and Saturday 9 to 12; The APC will clear overgrown, vacant lots in Costambar. Please contact APC if you see or own an empty lot that could use some care - for 2,000 pesos, APC will clear of grass and brush;

The APC will apply larvicide regularly to neglected pools. If you see one of those pretty green, or half empty swimming pools, tell APC. We will add it to the list for regular treatment. We can work together to reduce the health hazard those pools generate.

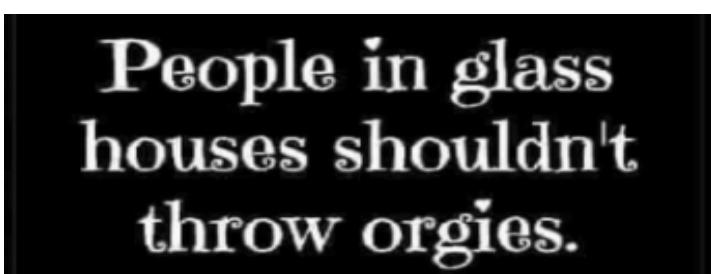
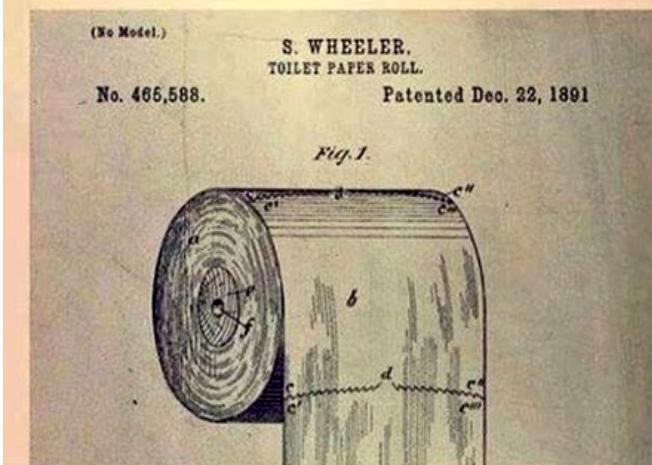
The APC will patch potholes, finances permitting. Drop by the office with a 500 peso note, and let Betania know which pothole annoys you the most. We can patch them for 500 pesos each - provided we can get 4-5 of them paid for at once.

APC Board: Jorge Fernandez, President - [jorge\\_fernandez@yahoo.com](mailto:jorge_fernandez@yahoo.com); Jack Cameron, Vice President - [jackflor@aol.com](mailto:jackflor@aol.com); Alan Smith, Secretary - [fenalet@yahoo.ca](mailto:fenalet@yahoo.ca); Fanny Mendez, Treasurer - [fannymendez@hotmail.com](mailto:fannymendez@hotmail.com); Sandro Falla, Vocal - [sandrofalla@aol.com](mailto:sandrofalla@aol.com); Roger Santana, Vocal - [rogersantana22670@gmail.com](mailto:rogersantana22670@gmail.com); Cari Sherman-Smith, Vocal - [drmmagirl@gmail.com](mailto:drmmagirl@gmail.com)



**I had my patience tested.  
I'm negative.**

The original patent from 1891 for a toilet paper roll shows the correct rolling direction, in case you ever doubted.



**Starbucks is planning on selling beer and wine.**

**Apparently it's getting difficult to sell sober people a \$12 cup of coffee.**

**It helps if you imagine auto correct as a tiny little elf in your phone who's trying so hard to be helpful but is in fact quite drunk.**



**Mustard Seed**  
Communities

CARING FOR THE MOST VULNERABLE

**Home for disabled children in the DR**  
Please contact us if you want to donate or support our organisation in other ways.  
**Your help is greatly appreciated**

© mustardseedcommunitiesrd 829 574 5138  
Facebook: mustard seed communities - hogar immanuel

**When one door closes and another door opens, you are probably in prison.**



**Ton Plokkaar**  
The best massage in town!

## **PROFESSIONAL MASSAGE**

- Therapeutic Massage
- Sport Massage
- Deep Tissue Massage
- Trigger Point Massage
- Lymph Massage/Drainage
- Relaxation Massage
- Laser Therapy
- Pain Management

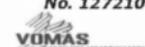
**Home And Hotel Visits**

**Tel: 829 549 9516**



**Email: plokkie@hotmail.com**

*Ton Plokkaar is certified and member of VOMAS:  
No. 12721007*



**CHILDHOOD INJURIES:  
FELL OFF MY BIKE  
FELL OUT OF A TREE  
TWISTED MY ANKLE**

**ADULT INJURIES:  
SLEPT WRONG  
SAT DOWN TOO LONG  
SNEEZED TOO HARD**

Those who say "there is no such thing as a stupid question" ...Have never worked in Customer Service.



# THE RAINY DAY PAGE

## SOLUTIONS ON PAGE 10

### SUDOKU PUZZLES

Fill in the missing numbers so every row, column and quadrant contains the number 1 through 9.

### EASY

			6	7	3	1		4
				8			3	
		8						
1						6		
		7	9	2				
		3		7		2		
6	2	1			8			
	4			6	9			

### MEDIUM

	5					1	6	
	3							
				8		4		
	6	2	1					
1				7			5	
					6	8		
	2		6	3				
	7		2		5			
	1			4			7	

### ASIAN COUNTRIES

Find and circle all of the words that are hidden in the grid.

The remaining letters spell a hidden message

U N N N I T E A I G R O E G D N T A R  
 O A B A E M S O U T H K O R E A U S M  
 M I M P J T B A H R A I N C I D R A A  
 A R O A N I P A K I S T A N A R K U N  
 N S N J A M A A B T E M D E S O E D T  
 T E G T T O I B T A B O R I U J Y I E  
 I V O H S R N R R O N O R P R K M A I  
 A I L A H L D E D E K G H A N A N R V  
 W D I I K E I I S H Z I L I T A Q A S  
 U L A L A S A I T E L A T A T A A B I  
 K A A A Z T A R N I R A R U D I Q I S  
 B M A N A E O L P F I O H A S E G A R  
 R H A D K N N P E N S B P Y M Y S U A  
 U S N A T S I K E B Z U A A E N S H E  
 N Y C H I N A M S O A L R M G S A I L  
 E R I S E T R A N K A N E P I N R Y Y  
 I I R S L A P E N M G N O A Y A I Y M  
 Z A S T N A T S K I J A T N N C A S N

ARMENIA

AZERBAIJAN

BAHRAIN

BANGLADESH

BHUTAN

BRUNEI

CAMBODIA

CHINA

CYPRUS

GEORGIA

INDIA

INDONESIA

IRAN

IRAQ

ISRAEL

JAPAN

JORDAN

KAZAKHSTAN

KUWAIT

LAOS

LEBANON

MALAYSIA

MALDIVES

MONGOLIA

MYANMAR

NEPAL

NORTHKOREA

OMAN

PAKISTAN

PHILIPPINES

QATAR

RUSSIA

SAUDI ARABIA

SINGAPORE

SOUTHKOREA

SYRIA

TAJIKSTAN

THAILAND

TIMORLESTE

TURKEY

UZBEKISTAN

VIETNAM

YEMEN

#### Across

1. Assign a duty

5. Amazing or wonderful occurrence

6. Bane

7. Firedog

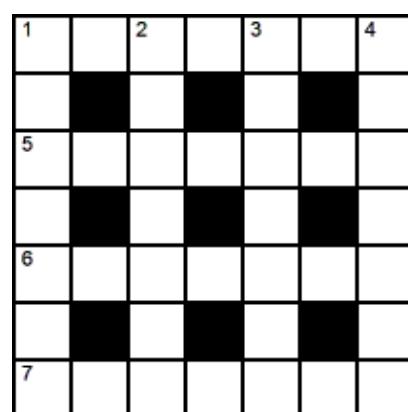
#### Down

1. Pungent nitrogen and hydrogen compound

2. Egyptian tomb

3. Tooth

4. Perfidy



# LOCAL INFO



## USEFUL NUMBERS

Police Office	809-320-8510
Police Car	809-320-8840
APC Office	809-970-7877
APC Gate Security	809-970-7015
Codetel	809-220-1111
Edenorte - emergency	809-261-1844
Edenorte - office	809-586-9823
Costambar Taxi Stand	809-970-7318
<b>CONSULATES</b>	
Canada	809-586-5761
Britain	809-586-4244
U.S.A.	809-586-4204
German	809-542-8949
Italian	809-320-7601
<b>HOSPITALS/CLINICS</b>	
Clinica Bournigal	809-586-2342
Clinica Brugal	809-586-2519
Los Tropicos Pharmacy	809-970-7607

One minute you are young and carefree and the next minute you can feel rain coming in your knee.

[www.costambarmonthly.com](http://www.costambarmonthly.com)

[costambarmonthly@gmail.com](mailto:costambarmonthly@gmail.com)

## NOISE CONTROL

There are new numbers to call if you want to make a complaint about excessive noise.

The entities and telephones to call are:

**Ministry of Environment**

Tel. 311

**Anti-Noise Department of the National Police**

Tel. 849 452-6390

**National Police Central**

Tel 809 682-2151

## TRAVEL INFO

### OVERSTAY FEES

#### TABLA PAGO DE ESTADÍA

TIEMPO DE ESTADÍA	TARIFA VIGENTE
30 DÍAS A 90 DÍAS	RD\$ 2,500.00
3 A 9 MESES	RD\$ 4,000.00
9 A 12 MESES	RD\$ 5,000.00
12 A 18 MESES	RD\$ 6,500.00
18 A 24 MESES	RD\$ 8,000.00
24 A 30 MESES	RD\$ 9,500.00
30 A 36 MESES	RD\$ 11,000.00
36 A 48 MESES	RD\$ 16,000.00
48 A 60 MESES	RD\$ 20,000.00
6 AÑOS	RD\$ 30,000.00
7 AÑOS	RD\$ 40,000.00
8 AÑOS	RD\$ 50,000.00
9 AÑOS	RD\$ 60,000.00
10 AÑOS	RD\$ 70,000.00

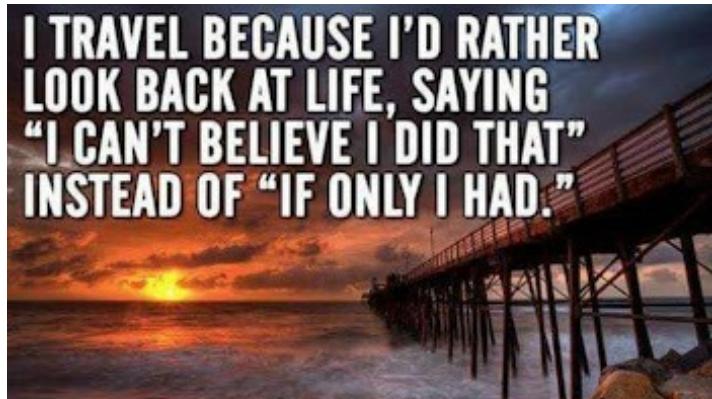
### Digital Entry & Departure Forms

<https://eticket.migracion.gob.do/>

**SUPPORT OUR ADVERTISERS!**

**THEY MAKE**

**COSTAMBAR MONTHLY  
POSSIBLE!**



Although not in the dictionary, it is reported that "Lexophile" describes a person who loves sentences such as, "You can tune a piano, but you can't tuna fish," and, "To write with a broken pencil is pointless."

An annual competition is held by the 'New York Times' to see who can create the best original lexophile.

This year's submissions:

I changed my iPod's name to Titanic. It's syncing now.

England has no kidney bank, but it does have a Liverpool.

Haunted French pancakes give me the crepes.

This girl today said she recognized me from the Vegetarians Club, but I'd swear I've never met herbivore.

I know a guy who's addicted to drinking brake fluid, but he says he can stop any time.

A thief who stole a calendar got twelve months.

When the smog lifts in Los Angeles, U.C.L.A.

I got some batteries that were given out free of charge.



A dentist and a manicurist married. They fought tooth and nail.

A will is a dead giveaway.

With her marriage, she got a new name and a dress. Police were summoned to a daycare center where a three-year-old was resisting a rest.

A bicycle can't stand alone; it's just two tired.

The guy who fell onto an upholstery machine last week is now fully recovered.

He had a photographic memory but it was never fully developed.

When she saw her first strands of gray hair she thought she'd dye.

Acupuncture is a jab well done. That's the point of it.

I didn't like my beard at first. Then it grew on me. Did you hear about the crossed-eyed teacher who lost her job because she couldn't control her pupils?

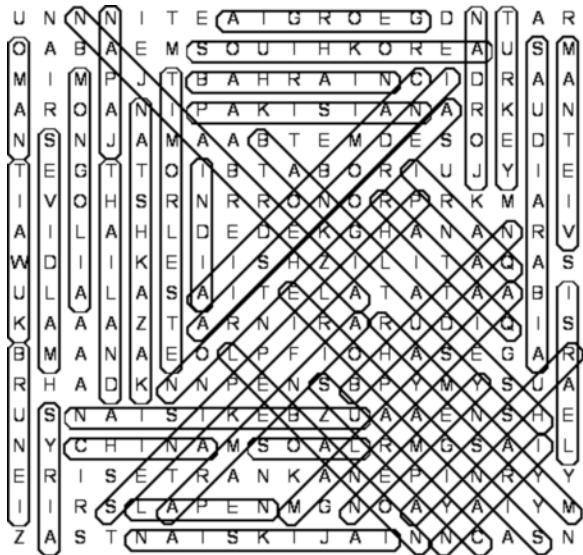
When you get a bladder infection, urine trouble.

When chemists die, they barium.

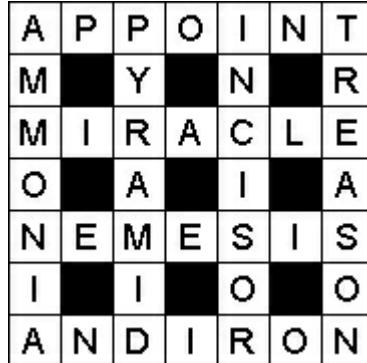
I stayed up all night to see where the sun went, and then it dawned on me.

I'm reading a book about anti-gravity. I just can't put it down.

## SOLUTIONS TO PUZZLES ON PAGE 8



**HIDDEN MESSAGE**  
**UNITED ARAB EMIRATES,**  
**TURKMENISTAN,**  
**AFGHANISTAN, KYRGYZSTAN**



### EASY

2	5	9	6	7	3	1	8	4
7	1	6	4	8	9	2	3	5
3	4	8	2	1	5	6	9	7
1	2	5	3	4	8	7	6	9
4	6	7	9	2	1	3	5	8
9	8	3	5	6	7	4	2	1
8	3	1	7	9	2	5	4	6
6	9	2	1	5	4	8	7	3
5	7	4	8	3	6	9	1	2

### MEDIUM

7	5	8	3	4	9	1	6	2
1	3	4	7	6	2	9	5	8
2	9	6	5	1	8	7	4	3
4	6	2	1	8	5	3	7	9
8	1	9	4	7	3	6	2	5
5	7	3	2	9	6	8	1	4
9	2	5	6	3	7	4	8	1
3	4	7	8	2	1	5	9	6
6	8	1	9	5	4	2	3	7

# BOATING NEEDS

## ATTENTION BOATERS!

**Solar Panels & Controllers  
Batteries  
Marine Ropes & Halyards  
Anchor Line & Chain**



### GALVANIZED MOORING SWIVELS

1/2 inch double eye  
RD\$900

3/8 inch double or  
Single eye  
RD\$650

## AVAILABLE!



**5/8" 3 strand nylon rope  
Only RD\$75/foot**

Call/WhatsApp Alison 809-974-2903  
Or Colin 809-449-1819 or  
Email [drcigarman@yahoo.com](mailto:drcigarman@yahoo.com)  
For details and orders

## BOATER'S SPECIAL

**Health Insurance Plans  
Available for terms as short as 3 months**

**Call/WhatsApp Alison 809-974-2903  
Or Colin 809-449-1819 or  
Email [drcigarman@yahoo.com](mailto:drcigarman@yahoo.com)  
For more information**



### DOUBLE BRAIDED POLYESTER ROPE

- 5/16" only RD\$35 per foot
- 3/8" only RD\$45 per foot
- 1/2" only RD\$60 per foot

Call/WhatsApp  
Colin 809-449-1819/Alison 809-974-2903

## ANTIFOULING

- GREENEST Antifouling Boat Paint Available
- Safe Water-based formula
- Easy to apply
- Soap and water clean up
- Excellent coverage rate
- Compatible over most antifouling paints



**\$150.00 delivered to  
Luperon**

- Proven Effective, Proven Performance, Copper-free Perfected



- Heavy Duty antifouling protection
- Used on the U.S. Coast Guard aluminum fleet
- Perfect for all commercial and government boats
- Best choice for aluminum boats

**US\$217.50 delivered to Luperon**

**Call/WhatsApp Alison 809-974-2903**



# Sea Horse Condos

Ocean View Condominiums

65 Guayacannes, Costambar  
809-970-7197  
809-693-3059  
jackflor@aol.com  
seahorsecondos.com

**FOR SALE STARTING AT US\$79000 FOR A CONDO  
IN THE BEST COMPLEX IN COSTAMBAR!**

- \* Condo #3 TWO bedroom: \$129,000
- \* Condo #1 THREE bedroom: asking \$139,000
- \* Condo #8 ONE Bedroom: asking \$79,000
- \* Condo #4 THREE Bdrm, 3 Bath: asking \$149,000

## FOR RENT

INCLUDES ALL ELECTRIC, WATER, CABLE TV, WEEKLY MAID SERVICE, 100 VELOCITY FIBER OPTIC INTERNET AND DISCOUNT GYM/BILLIARD MEMBERSHIP

- #9 Two bedroom available: \$900/month negotiable
- #11 One bedroom pool deck: avail \$1000/mth negotiable
- #15 3 room studio available: \$525/month
- #12 Studio: \$450/month
- #14 Studio: \$450/month

## CONDOS FOR SALE AND LONG & SHORT-TERM RENT

- 24 backup power plant and well water
  - hi speed fiber optic internet
- 24 hours staff, onsite full-time manager, night security guard
  - very large pool
  - high security walls and well lighted at night
- fantastic ocean breezes - highest point in Costambar, great views of mountain & ocean

## SEAHORSE GYM

NEW

**Nordic Track  
and Elliptical!**

**Best equipped  
gym in  
Costambar!  
RD\$1000/month**



**STOP IN TO SEE US, OR CALL US, OR EMAIL TODAY!**

**ONCE YOU'VE  
SEEN THE REST  
...STAY AT  
THE BEST!**

**SEAHORSE  
BILLIARDS**

**3 NEW TABLES  
RD\$1000 PER  
MONTH  
MEMBERSHIP**